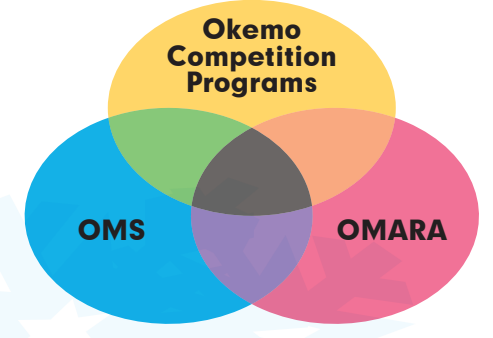




competition programs freestyle

■ Okemo Mountain School (OMS), ■ Okemo Mountain Alpine Racing Association (OMARA), and the ■ Okemo Competition Programs are three entirely separate entities. Although separate, they work very closely together, sharing facilities and staff so inherently they become one at times.



- OMARA is a booster club that was formed over 20 years ago to support the staff and athletes from the mountain program as well as encompassing OMS students when the school was founded.
- Over the years, OMARA has helped furnish coaching supplies that could not be budgeted for through the mountain or the school, as well as offered financial aid to athletes and coaches for educational purposes.
- OMARA hosts socials and informational meetings directed to parents throughout the year, as well as helps with costs associated with the Competition Center building and the Yurt. Last season OMARA bought a projector and 50" TV that every group has utilized for video on a weekly basis.
- All athletes that are in either the Okemo Mountain Competition Program or OMS must join OMARA. This has been a policy since the inception of OMARA.
- The Okemo Competition Center is a department of Okemo Mountain Resort which offers many programs including but not exclusive to alpine skiing, freestyle skiing, and snowboarding. Program fees and all costs associated with this program are paid directly to Okemo Mountain Resort.
- The Okemo Mountain School (OMS) is a private not-for-profit educational institution which carries itself financially, paying for building costs, teachers, coaches, insurance, and taxes. It was founded upon requests from program parents for the development of a school that would cater to our own program.
- The coaches that work for OMS during the week work for the mountain on the weekends. The weekend program athletes train and compete side by side (according to ability and the series they are associated with) with OMS students, thus becoming a "TEAM" on the weekends.

Rates and dates listed in this brochure are subject to change without notice. Please call 1-802-228-1600 or visit okemo.com for complete details.

Okemo Mountain Resort
77 Okemo Ridge Road, Ludlow, VT 05149
(802) 228-1600 · okemo.com

INSTRUCTIONS FOR APPLICATION

1. Select Program(s) and fill in amounts
2. If NEW to any program, select screening date and add \$25 screening fee.
3. Enclose SEPARATE CHECK for OMARA dues, payable to OMARA. Every participant must join OMARA. \$100 Family Membership includes all participants in family. Your membership helps fund all disciplines and entitles all members discounts at the following ski shops: Okemo Mountain Snowsports Shop, Totem Pole, Northern Ski Works, Joe Jones, and The Boot Pro.
4. Please make non-OMARA checks payable to Okemo Mountain Resort.

For more information, call 802-228-1483.
Mail To: **Okemo Mountain Resort, Attn: Competition Center**
77 Okemo Ridge Road, Ludlow, VT 05149



OKEMO MOUNTAIN SCHOOL

Okemo Mountain School was designed with the serious competitor in mind. Founded in 1992, the school provides an opportunity for skiers and snowboarders, in grades 7 - 12, to achieve both their athletic and academic goals during the winter season. It is the goal of the Okemo Mountain School that students will develop lasting values, such as a sense of responsibility for self and others, a desire to constantly improve one's life and the lives of others and to strive to be the best athlete.

For more information on the Okemo Mountain School, please call the OMS Headmaster at 802-228-1510 or visit us on the web at www.okemomountainschool.org.



2011/2012 OKEMO JUNIOR COMPETITION PROGRAM APPLICATION

Classification (please circle one)	1 st Child		2 nd Child		Sub-total
	3-Day	3-Day	3-Day	3-Day	
1 OMS	\$1,450		\$1,400		
OMS	Full-Day: \$2,800	Half-Day: \$1,100			
FRESH START FREESTYLE	\$875	\$1,375	\$825	\$1,325	
B MOGUL TEAM	\$1,350	\$1,850	\$1,300	\$1,800	
A MOGUL TEAM	\$1,350	\$1,850	\$1,300	\$1,800	
B FREERIDE TEAM	\$1,350	\$1,850	\$1,300	\$1,800	
A FREERIDE TEAM	\$1,350	\$1,850	\$1,300	\$1,800	

New applicants: please check one of the following screening dates and enclose \$25 screening fee
 Dec. 3 Dec. 4 Dec. 10 Dec. 11

All applicants must be members of OMARA. Please make separate check to OMARA. _____ + 100

TOTAL AMOUNT ENCLOSED = _____ + _____ + _____ = _____

TOTAL AMOUNT + 25 = _____

Child's Name: _____ Date of Birth: _____ Sex: M F

Age (as of 12/31/11): _____

Mother's Name: _____

Home Address: _____ City: _____ State: _____ Zip: _____

Home Phone: () _____

Father's Name: _____

Home Address: _____ City: _____ State: _____ Zip: _____

Home Phone: () _____

Local Address: _____

Local Phone: () _____

Email Address: _____

Okemo Mountain's Competition Programs are designed with the long-term development of young athletes in mind. We constantly explore new ways of creating excitement. Our goal is to help competitors become the best that they can be. Whether the recreational competition path is chosen or the path to national championships, we strive to instill healthy competitive drive and the love of a lifetime sport.

All competitors and participants must be a member of OMARA. Applications must include initial OMARA dues.

GENERAL INFORMATION

- Travel is not mandatory for any group, however, training at Okemo may not be available on competition days.
- In our programs that require travel, Okemo Mountain is not responsible for travel arrangements.
- Equipment in the Training Center must be stored in lockers. Lockers are not provided for all participants and must be signed up for with the race secretary.
- Helmets are required by the United States Ski Association for all participants in Giant Slalom and Super G events, and are therefore required for training for these same events.
- Helmets are required at all times for OMST and OMST Groms teams.
- 2-day programs run every Saturday and Sunday. 3-day programs run every Friday - Sunday. **Both programs also run every day on the following vacation dates: December 22-23, 2011, December 26-31, 2011, and February 20-24, 2012.**
- Fees do not include coaching fees for National Events.
- Competitors must hold USSA, USASA license.

QUALIFICATIONS GUIDELINE

Applicants must be able to master the majority of mountain terrain and ride all lifts. All new applicants must be screened before acceptance. This is to insure the readiness of the athlete and the proper program placement. Screenings are conducted the first two weekends in December. Appointments may be made through the Okemo Competition Center.



OKEMO MOUNTAIN SNOWBOARD TEAM (OMST)

The Okemo Mountain Snowboard Team is for athletes who are advanced snowboarders looking to take their riding to the competitive stage. Our accredited coaching staff will work intensively with each rider on all disciplines to develop the skills necessary to compete and ride at a higher level. With a primary focus on improving overall riding skills, athletes will improve on their switch riding, transition riding (pipe and jumps), "jibbing" (boxes and rails), all-mountain riding, boardercross, and gate training (slalom and GS). We encourage athletes on the team to compete in USASA events in the Southern Vermont series. Competing at USASA nationals at Copper Mountain is also a possibility.

Ages 10 - 18 years old
Times Weekends and Holidays 8 AM - 1:30 PM (afternoon meeting times may vary after training groups are established)
Meeting Place In front of the Sitting Bull
Format Heavy emphasis on freestyle instruction (halfpipe and slopestyle) in addition to alpine training (GS and slalom) and boardercross instruction.
Cost 1st Child: \$1,450, 2nd Child, \$1,400

go2omara.com

OMST GROMS TEAM

The OMST Groms Team is a new addition to the 2011/2012 Season. The Groms Team has been developed to provide coaching for young, aspiring snowboarders (ages 6-9) who would like to start competing, but who have not yet reached the level of the older kids on OMST. The Groms Team will be a part of the OMST training program, but will have a smaller coach to athlete ratio to provide a fun and safe learning environment for the little rippers.

Ages 6 - 9 years old
Times Weekends and Holidays 8 AM - 1:30 PM (afternoon meeting times may vary after training groups are established)
Meeting Place In front of the Sitting Bull
Format Emphasis on freestyle instruction (halfpipe and slopestyle), alpine training (GS and slalom) fundamentals, and boardercross.
Full-Day Cost \$2,800 (Full-day Grommets receive supervised lunch with OMST coaching staff.)
Half-Day Cost (til 11 AM): \$1,100

For more information on the Okemo Mountain Snowboard Team please visit okemoalpinefreestylesnowboardingvt.com/snowboard/

FRESH START FREESTYLERS TEAM

Ages 8 - 12 years old
Goal Introduce young skiers to meeting & learning weekly in a non-competitive format.
Competition Although non-competitive, athletes can participate in the Okemo B Mogul Competition.
Travel No travel involved with this program.
2-Day Cost 1st Child: \$875; 2nd Child: \$825
3-Day Cost 1st Child: \$1,375; 2nd Child: \$1,325



B MOGUL TEAM

Ages 9 - 16 years old
Goal Develop proficiency at maintaining a line in the moguls, holding a good form. Successfully complete two jumps in a mogul course.
Competition Compete in the USSA Eastern Series B level mogul competitions
Travel Day trips to other mountains for competition.
2-Day Cost 1st Child: \$1,350; 2nd Child: \$1,300
2-Day Cost 1st Child: \$1,850; 2nd Child: \$1,800

A MOGUL TEAM

Ages 14+ depending on ability/experience
Goal Enter more serious level of training & competition.
Competition Compete in USSA Eastern Series A level mogul & Dual mogul.
Travel Logistics/supervision handled & coordinated by Head Mogul Coach.
2-Day Cost 1st Child: \$1,350; 2nd Child: \$1,300
3-Day Cost 1st Child: \$1,850; 2nd Child: \$1,800

B FREERIDE TEAM

Ages 9 - 16 years old
Goal Solidify skiing, jumping, safety & competency on all terrain park features.
Competition Compete in USSA Eastern Qualifier Series B & Big Air competitions.
Travel Day trips to other mountains.
2-Day Cost 1st Child: \$1,350; 2nd Child: \$1,300
3-Day Cost 1st Child: \$1,850; 2nd Child: \$1,800

A FREERIDE TEAM

Ages 9 - 16 years old
Goal Compete safely at the highest level of Freeride (park & pipe) skiing.
Competition Compete in the USSA Eastern Championship Series A Level Slopestyle & Halfpipe competitions.
Travel Logistics handled by Head Freeride Coach.
2-Day Cost 1st Child: \$1,350; 2nd Child: \$1,300
2-Day Cost 1st Child: \$1,850; 2nd Child: \$1,800

PRIVATE TRAINING

Work one-on-one with an Okemo Racing Pro and you'll find one of the fastest ways to take your ability to a higher level. From Racing to Freestyle to Snowboarding, our competition staff can help you advance. Private lessons are available for \$100-120 per hour and can be booked through the Okemo Competition Center at 802-228-1483.