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OKEMO
MOUNTAIN RESORT
COMPETITION PROGRAMS



77 Okemo Ridge Road
Ludlow, VT 05149

Attn: Alpine Competition Programs

(802) 228-1483



*Dillon Normyle
Eastern Finals Downhil Champion*



OKEMO MOUNTAIN SCHOOL

Okemo Mountain School was designed with the serious competitor in mind. Founded in 1992, the school provides an opportunity for skiers and snowboarders, in grades 7 - 12, to achieve both their athletic and academic goals during the winter season. It is the goal of the Okemo Mountain School that students will develop lasting values, such as a sense of responsibility for self and others, a desire to constantly improve one's life and the lives of others and to strive to be the best athlete.

For more information on the Okemo Mountain School, please call Wendy Neal, OMS Headmaster at 802-228-1510 or visit us on the web at www.okemomountainschool.org.



**OMS Fundraiser:
VerMontigras**

An evening of dancing, gaming and entertainment at the Roundhouse at Jackson Gore! Come enjoy the reverse raffle, silent auction, great music, and dancing.

For more information on VerMontigras, please call (802) 226-8092.



2009/2010 OKEMO JUNIOR COMPETITION PROGRAM APPLICATION

Please make checks payable to Okemo Mountain Resort. For more information, call 802-228-1483 Mail To: Attn: Alpine Competition, Okemo Mountain Resort, 77 Okemo Ridge Road, Ludlow, VT 05149

Classification (please circle one)	1st Child	2nd Child	Sub-total
J1 / J2	\$1050	\$1025	
J3	\$850	\$825	
Hopeful	\$525	\$500	
Dev. Program (Ross Series)	\$750	\$725	
Dev. Program (Council Team)	\$900	\$875	
Development PG	\$625	\$600	
Snowboarding	\$1050	\$1025	
FRESH START FREESTYLE	\$800	\$775	
B MOGUL TEAM	\$1100	\$1050	
A MOGUL TEAM	\$1100	\$1050	
B FRERIDE TEAM	\$1100	\$1050	
A FRERIDE TEAM	\$1100	\$1050	

Please check one of the following screening dates and enclose \$25 screening fee

Dec. 5 Dec. 6 Dec. 12 Dec. 13

Total amount enclosed:

Child's Name: _____

Age (as of 12/31/09): _____ Date of Birth: _____ Sex: **M** **F**

Mother's Name: _____

Home Address: _____ State: _____ Zip: _____

City: _____

Home Phone: () _____

Father's Name: _____

Home Address: _____ State: _____ Zip: _____

City: _____

Home Phone: () _____

Local Address: _____

Local Phone: () _____

Email Address: _____

Okemo Mountain's Competition Programs are designed with the long-term development of young athletes in mind. We constantly explore new ways of creating excitement. Our goal is to help competitors become the best that they can be. Whether the recreational competition path is chosen or the path to national championships, we strive to instill healthy competitive drive and the love of a lifetime sport.

All competitors and participants must be a member of OMARA. Applications must include initial OMARA dues.

GENERAL INFORMATION

- Travel is not mandatory for any group, however, training at Okemo may not be available on competition days.
- In our programs that require travel, Okemo Mountain is not responsible for travel arrangements.
- Equipment in the Training Center must be stored in lockers. Lockers are not provided for all participants and must be signed up for with the race secretary.
- Helmets are required by the United States Ski Association for all participants in Giant Slalom and Super G events, and are therefore required for training these same events.

QUALIFICATIONS GUIDELINE

Applicants must be able to master the majority of mountain terrain and ride all lifts. All new applicants must be screened before acceptance. This is to insure the readiness of the athlete and the proper program placement. Screenings are conducted the first two weekends in December. Appointments may be made through the Okemo Competition Center.

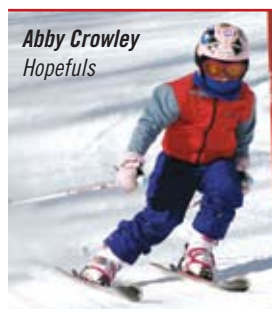
HOPEFULS

Cost 1st Child: \$550 2nd Child: \$525
Ages 7 - 12 years old
Dates December 12, 2009 – March 13, 2010
Times Saturdays; 9 - 11 am & 12 - 2 pm

Groups meet two days of recognized vacation periods.

Meeting Place: Sugar House Lodge

Format: This is our entry level program for ALL disciplines. Team Concept. No travel. Must join OMARA.



JUNIOR 1 & 2

Cost 1st Child: \$1,100 2nd Child: \$1,050
Ages 15 - 19 years old
Dates November 28, 2009 – March 21, 2010
Times Sat. & Sun.; 8 - 10:30 am & 12 - 2:30 pm
Times may vary after training groups are established.

Meeting Place: Okemo Competition Center

Format: Must hold a USSA Competitors License and VARA License in order to race. Eastern race series requires travel. State Championships, Junior Finals, Eastern Championships. These fees do not include coaching fees for out-of-division travel. Must join OMARA.

JUNIOR 3

Cost 1st Child: \$950 2nd Child: \$925
Ages 13 - 14 years old
Dates November 28, 2009 – March 14, 2010
Times Sat. & Sun.; 8 - 10:30 am & 12 - 2:30 pm
Times may vary after training groups are established.

Meeting Place Okemo Competition Center

Format: Must hold a USSA Competitors License and VARA License in order to race. Mid-Vermont and statewide race series requires travel. Introduction to Super G. State Championships. Junior Finals. Junior Olympics. Must join OMARA.

DEVELOPMENT PROGRAM (ROSS SERIES TEAM)

Cost 1st Child: \$800 2nd Child: \$775
Ages 8 - 12 years old
Dates December 5, 2009 – March 7, 2010
Times Sat. & Sun.; 8:30 - 10:30 am & 12:30 - 2:30 pm
Times may vary after training groups are established.

Meeting Place Top of South Ridge Quads

Format: The Ross team, informally known to most as the DEVOs, is the first level of intermountain racing in the Mid-Vermont Council. Interested athletes should have completed at least one year of Hopefuls and a screening in December. Athletes continue to hone their skiing and racing skills through a mix of directed free-skiing, drill work, and gate training. Beginning in January, the team travels to races at other mountain in mid-Vermont. Athletes must join USSA, VARA, and OMARA.

DEVELOPMENT PROGRAM (COUNCIL TEAM)

Cost 1st Child: \$950 2nd Child: \$925
Ages 9 - 12 years old
Dates November 28, 2009 – March 14, 2010
Times Sat. & Sun.; 8:30 - 10:30 am & 11:30 - 1:30 pm
Times may vary throughout the season.

Meeting Place Gate Shack

Format: Participation in the Council Team is by invitation only. Selection is based on several factors including ski racing performance, motivation, dedication and teamwork. The team will be selected following the Development Time Trials, which is held at the end of December. All Development Team members are invited to participate in this race. The Council Team requires a greater level of commitment than the Development Team. Beginning in January, the team competes in a series of Mid-Vermont Council races and many athletes will qualify for the Vermont J4 State Championships in mid-March. Athletes must join USSA, VARA, and OMARA.

DEVELOPMENT PG

Cost 1st Child: \$650 2nd Child: \$625
Ages 13 - 18 years old
Dates December 5, 2009 – March 6, 2010
Times Saturdays; 8:30 am - 11:30 & 12:30 - 2:30 pm

Meeting Place Top of South Ridge Quads

Format: Designed for the athlete who seeks continued technical instruction in both free skiing and gate training but does not want to compete. Must join OMARA.

SNOWBOARDING

Cost 1st Child: \$1,100 2nd Child: \$1,050
Ages 8 - 18 years old
Dates November 28, 2009 – March 21, 2010
Times Sat. & Sun.; 8:30 - 12:30
Times may vary after training groups are established.

Meeting Place The Pull

Format: Alpine and Freestyle instruction. Eastern Race Series requires travel. Giant slalom, slalom, and free riding technical instruction. These fees do not include coaching fees for National Events. Must join USSA, USASA, and OMARA.

FRESH START FREESTYLERS TEAM

Cost First child: \$800 2nd child: \$775
Ages 8 - 12 years old
Goal Introduce young skiers to meeting & learning weekly in a non-competitive format.
Competition Although non-competitive, athletes can participate in the Okemo B Mogul Competition. Must join OMARA.
Travel No travel involved with this program.



O M A R A

B MOGUL TEAM

Cost First child: \$1,100 2nd child \$1,050
Ages 9 - 16 years old
Goal Develop proficiency at maintaining a line in the moguls, holding a good form. Successfully complete two jumps in a mogul course.
Competition Compete in the USSA Eastern Series B level mogul competitions. Must join OMARA.
Travel Day trips to other mountains for competition.

A MOGUL TEAM

Cost First child: \$1100 2nd child: \$1,050
Ages 14+ depending on ability/experience
Goal Enter more serious level of training & competition.
Competition Compete in USSA Eastern Series A level mogul & Dual mogul. Must join OMARA.
Travel Logistics/supervision handled & coordinated by Head Mogul Coach.

B FREERIDE TEAM

Cost First child: \$1,100 2nd child: \$1,050
Ages 9 - 16 years old
Goal Solidify skiing, jumping, safety & competency on all terrain park features.
Competition Compete in USSA Eastern Qualifier Series B & Big Air competitions. Must join OMARA.
Travel Day trips to other mountains.

A FREERIDE TEAM

Cost First child: \$1,100 2nd child: \$1,050
Ages 9 - 16 years old
Goal Compete safely at the highest level of Freeride (park & pipe) skiing.
Competition Compete in the USSA Eastern Championship Series A Level Slopestyle & Halfpipe competitions. Must join OMARA.
Travel Logistics handled by Head Freeride Coach.

Dale Talkington
Freestyle

PRIVATE TRAINING

Work one-on-one with an Okemo Racing Pro and you'll find one of the fastest ways to take your ability to a higher level. From Racing to Freestyle to Snowboarding, our competition staff can help you advance. Private lessons are available for \$100-115 per hour and can be booked through the Okemo Competition Center at 802-228-1483.